REPORTS FROM NATIONAL SERVICE SCHEME (NSS)

Lalnunthara
Programme Officer



It is indeed a great privilege for me to give a brief report on the activities of NSS Unit, Govt. Zirtiri Residential Science College during the Academic session 2018 – 2019.

With regard to the NSS scenario in Mizoram, this unit is the seventh in seniority and has been allotted six units of volunteers for the session 2018 – 2019. Almost all the volunteers are actively involved in creating assets for the community as well as in generating health and environment protection issues. Some of the most important activities undertaken by this NSS unit may be summarized as follows:

REGULAR ACTIVITIES:

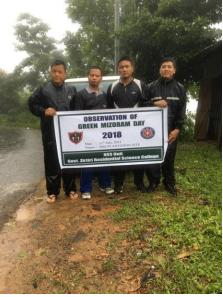
April 2018:

Two Programme Officers attended training on Public Financial Management System (PFMS) on 2nd April, 2018 at SNO office, Aizawl.

June 2018:

1. As per initiative taken and supervision of SNO, NSS (Cell), our NSS unit had successfully observed Green Mizoram Day on 11th June, 2018 at the NSS Plantation side which is located on the road side of Hmuifang. In this programme, four Programme Officers actively participated. Cleaning of plantation site and fencing of the newly planted saplings were done and 7 nos. of new saplings were planted to replace the unsurvived saplings.





July 2018:

1. On 6th July, 2018, Planting of Flowering trees at Sihhmui - Airport Road was organized by SNO in collaboration with Tourism Department, Govt. of Mizoram. In this programme, 3 Programme Officers (2 Males & 1 Female) and 40 Volunteers (27 Males & 13 Females) were participated.





2. On 25th July, 2018, 'Orientation Programme Cum Blood Donation Campaign' for NSS volunteers was conducted at the College Auditorium in which Mr. C. Lalremruatfela, PO NSS talked about the history, aims & objectives of NSS. 4 Programme Officers and 270 Volunteers attended the programme. This kind of programme is used to organize every year especially for the newly admitted 1st semester students as many of the Higher Secondary Schools do not introduce NSS in their schools. As such, this Orientation Programme was organized to make the 1st years' students aware NSS history, aims & objectives. 4 persons from Association Voluntary Blood Donors (AVBD) were also participated in this programme in which Mr. C. Lalnunnema, President, AVBD gave the awareness speech of blood donation.





August 2018:

1. On 22nd of this month, cleanliness work for the streets of Aizawl City and A.R. Ground was organized by SNO, NSS Cell. Two Programme Officers and 23 Volunteers were participated in this programme. The NSS volunteers present at the cleanliness work thoroughly cleared the target area of waste materials like paper, polythene, sticks, and empty pockets of snacks on the main road. This programme lasted for three hours and light refreshment was served to all the participants.

2. On 29th of this month, cleanliness drive was organized at the College new campus, Durtlang Leitan. Two Programme Officer and 10 Volunteers were participated in this programme. Cleaning of College new campus was jointly organized by N.S.S unit and College Cleanliness committee.





September 2018:

- **1.** On 24.09.2018, NSS Foundation Day was observed at Vanapa Hall, organized by SNO, NSS Cell, Mizoram. Two Programme Officers and 53 volunteers attended in this programme.
- 2. Swachh Hi Seva: On 24.09.2018, Cleaning of College and Republic field street organised. Four Programme Officers and 100 volunteers were participated in this programme clearing waste materials like paper, polythene, sticks, and empty pockets of snacks on the target area. This programme lasted for one hour and light refreshment was served to all the participants.



October 2018:

- **1.** On 4th October, 2018, 1st follow up programme of visiting plantation site of flowering trees at Sihhmui Airport Road was organized by SNO in collaboration with Tourism Department, Govt. of Mizoram. In this programme, 5 Programme Officers and 22 Volunteers were participated.
- 2. Two Programme Officers attended at the Meeting with Asit Singh, Joint Secretary, Ministry of Youth Affairs & Sports to the Govt. of India on 05.10.2018, at Hrangbana College Conference Hall.





- 3. On 12th of this month, Cleanliness drive was organized at College Campus. All the Programme Officers and around 570 Volunteers participated in this programme. This programme includes cleaning of class rooms, laboratory rooms, office, library and main road from College Presbyterian Church, Ramhlun South. The NSS volunteers present at the Cleanliness drive thoroughly cleared the target area of waste materials like paper, polythene, sticks, and empty pockets of snacks on the main road. This programme lasted for four hours and light refreshment was served to all the participants. Cleaning of College campus was jointly organized by N.S.S unit and College Cleanliness committee.
- **4.** On 18th of this month, cleanliness drive was organized at the College new campus, Durtlang Leitan. Two Programme Officer and 42 Volunteers were participated in this programme.

November 2018:

On 30th of this month, the NSS Plantation side which is located on the road side of Hmuifang was visited by 6 Programme Officers: Cleaning and clearing of shrubs, grasses and garbage was carried out at the College N.S.S plantation site.







January 2019:

1. On 18th of this month, Cleanliness drive was organized at College Campus. All the Programme Officers and around 615 Volunteers participated in this programme. This programme includes cleaning of class rooms, laboratory rooms, office, library and main road from College to Presbyterian Church, Ramhlun South. The NSS volunteers present at the Cleanliness drive thoroughly cleared the target area of waste materials



like paper, polythene, sticks, and empty pockets of snacks on the main road. This programme lasted for four hours and light refreshment was served to all the participants. Cleaning of College campus was jointly organized by N.S.S unit and College Cleanliness committee.

2. On 24th January, 2019, Voluntary Blood Donation camp was organized at College Campus. Medical team from Civil Hospital, Aizawl had arrived our college at 9:30AM. After having done all the necessary arrangements, the voluntary blood donation was started from 10:00Am in full swing. The doctor on duty carefully examined all the NSS volunteers before they donate blood and only those volunteers who were found eligible were allowed to donate blood. A total of 116 volunteers (86 male and 30



female) donated blood on this occasion. The whole day was sacrificed for this event. A number of College staff also participated in this event. Most of the Local Newspapers highlighted this programme on the next day.

3. One Programme Officer and 4 volunteers (2 males & 2 females) were participated in District Youth Parliament Festival 2019 held on 28.01.2019 at Pachhunga University College, organized by SNO.

February 2019:

One Volunteer participated as deligate at National Level Youth Parliament 2019 during $26^{th}-27^{th}$ February, 2019 at New Delhi.



SPECIAL CAMPING:

September 2018: Special Camping was organized under the theme 'Healthy Youth for Healthy India', with the collaboration of the Local leaders and community at Saithah Village, Mamit District, during $13^{th} - 19^{th}$ September, 2018 under the supervision of 5 Programme Officers and 50 NSS volunteers participated in this event. The main activities undertaken were:

- (a) Constructions of Tuikhur and Public Urinal.
- (b) Visiting of Middle School and High School to give lecture on Career guidance and distribute pamphlets related to this topic to the students, and also give awareness campaign on cleanliness.
- (c) Cleaning the streets of the village picking waste materials like paper, polythene, sticks, and empty pockets of snacks on the main road.



December 2018:

Special Camping was organized under the theme 'Healthy Youth for Healthy India', with the collaboration of the Local leaders and community at Sesih Village, Champhai District, during $8^{th} - 14^{th}$ Dec., 2018 under the supervision of 4 Programme Officers and 50 NSS volunteers participated in this event. The main activities undertaken were:

- (a) Construction of Public Urinal.
- (b) Social work at the playground and School compound.



March 2019:

Special Camping was organized under the theme 'Healthy Youth for Healthy India', with the collaboration of the Local leaders and community at Hualtu and Chhingchhip Villages, Serchhip District, during $7^{th}-13^{th}$ March, 2019 under the supervision of 3 Programme Officers and 50 NSS volunteers participated in this event. The main activities undertaken were:

- (a) Construction of Waitingsheds and Public Urinals.
- (b) Social work at the village streets and School compounds.



In conclusion, I would like to thank to our respected Principal Mr. Laltanpuia for his valuable support and guidance without which many of our activities would not have been achieved. I would also like to thank to all my colleagues and NSS volunteers for their support and cooperation.
