

SOFT SKILLS AND CAREER READINESS PROGRAMME

Organized by : IQAC, GZRSC

Sponsored by : RUSA

Date : 17th July 2018

Target Group : Selected Students from First Semester

Number of participants: 60

Resource Persons : Avenue Shillong

Short Report:

The program was hosted by Mrs. Lalrinsangi Nghinglova, secretary, Student Support Committee. The program was sponsored by RUSA, GZRSC. The resource person from Avenue Shillong gave a lecture on soft skills. Soft skills are non-technical skills that relate to how you work. They include how you interact with colleagues, how you solve problems, and how you manage your work.

Soft skills relate to how you work. Soft skills include interpersonal (people) skills, communication skills, listening skills, time management, and empathy, among others.

Hiring managers typically look for job candidates with soft skills because they make someone more successful in the workplace.

Someone can be excellent with technical, job-specific skills, but if they can't manage their time or work within a team, they may not be successful in the workplace.

Soft skills include the personal attributes, personality traits, and communication abilities needed for success on the job. Soft skills characterize how a person interacts in his or her relationships with others.

Soft skills include:

- | | |
|---------------------|-----------------------|
| ✓ Adaptability | ✓ Positivity |
| ✓ Communication | ✓ Time management |
| ✓ Creative thinking | ✓ Motivation |
| ✓ Dependability | ✓ Problem-solving |
| ✓ Work ethic | ✓ Critical thinking |
| ✓ Teamwork | ✓ Conflict resolution |

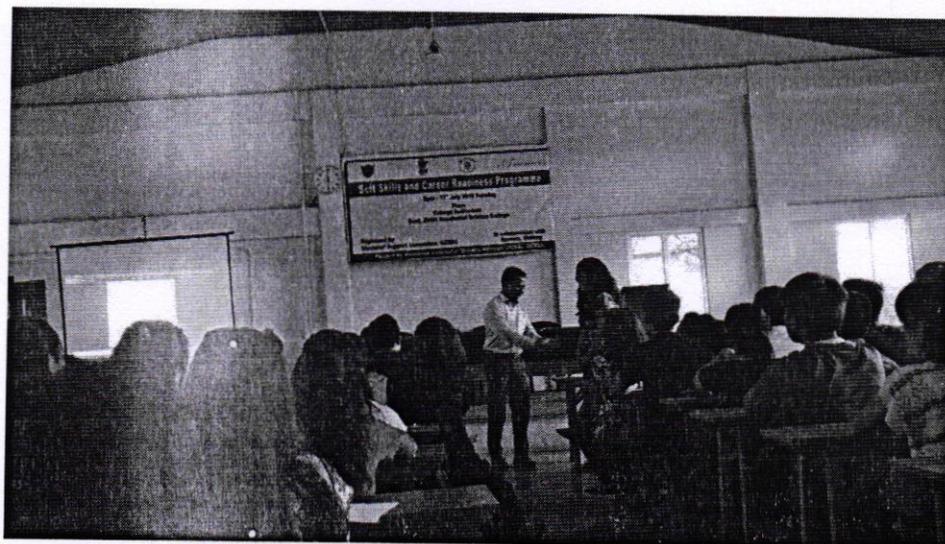
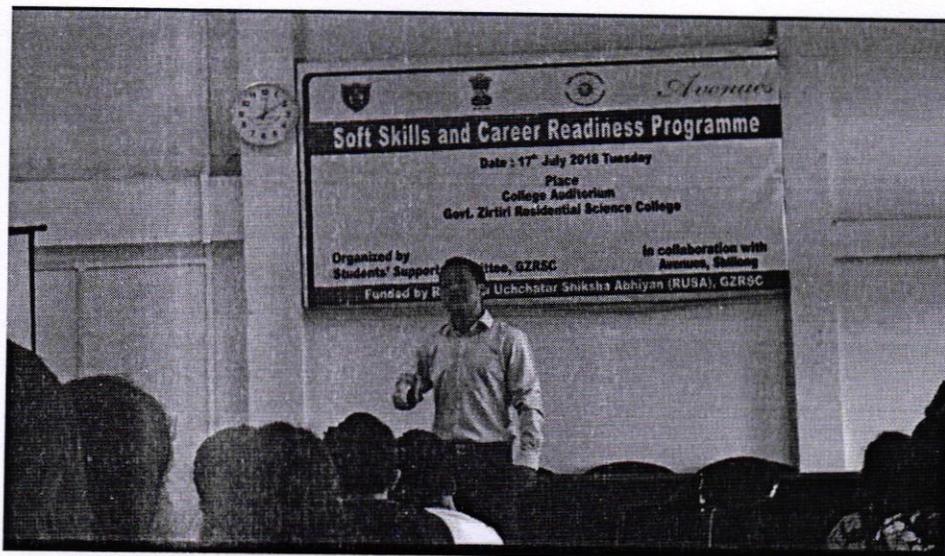
Unlike hard skills that are learned, soft skills are similar to emotions or insights that allow people to "read" others. These are much harder to learn, at least in a traditional classroom. They are also much harder to measure and evaluate.

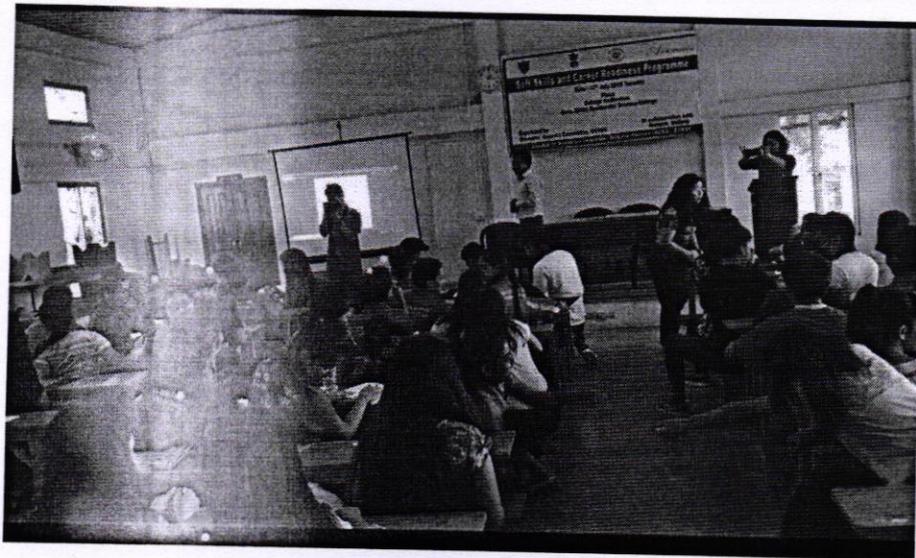
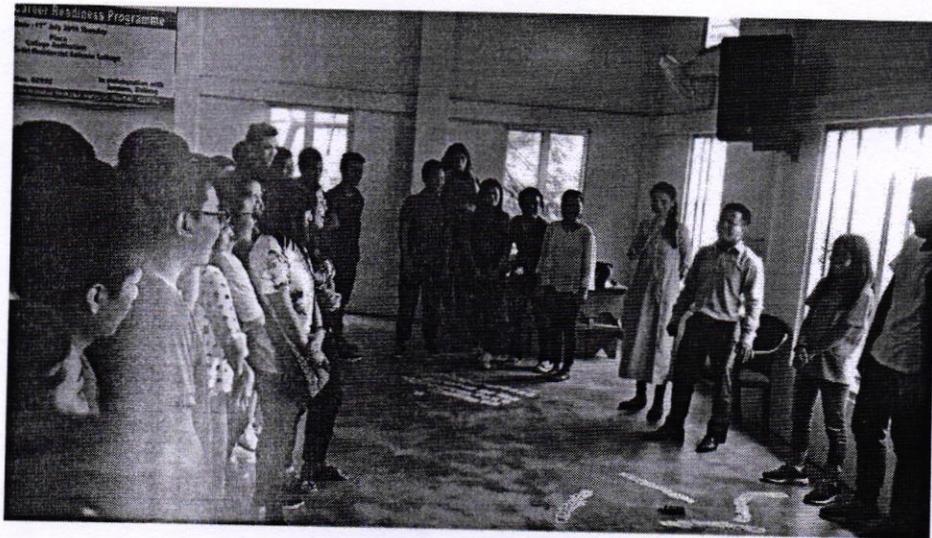
That said, some job skills programs do cover soft skills. They may discuss soft skills so job seekers know what they are and the importance of highlighting them on their resume.³

If you've been working for a while, chances are you've already developed some soft skills. For example, if you've worked in retail, you've worked in a team environment. If you've helped unhappy customers find a resolution, you've used conflict resolution and problem-solving skills.

If you're new to work, think of other activities you've done, either through school or on a volunteer basis. Chances are you've had to communicate, adapt to changes, and solve problems.

Activity Pics





Attendance List

CAREER AWARENESS

<u>Name</u>	<u>Roll No.</u>		
1. Joel Lallawmkima	1607BS015	34. Vanjalma sawma	1607BCA002
2. Ngazapaw	1607BS027	35. Jonathan Lalrinchhana	1607BCA003
3. Lalsangzuali Khawhling	1607BS037	36. Johny Lalpekhlua	1607BCA013
4. Bethsebi Vanlalnunhlipuii	1607BS038	37. C. Lalramchhana	1607BCA016
5. Vanlaltanpuii	1607BS040	38. Lunngaihiani	1607BCA021
6. Elvis Solo	1607BS044	39. Paul I. Ralsun	1707BS110
7. Sylvia Lallawmkimi	1607BS047	40. K. Zodinsanga	1707BS114
8. Vanlalnunpuia	1607BS048	41. C. Lalramtharnghaki	1707BS119
9. Esther Dimngaihvungi	1607BS059	42. Zodinpuia	1707BS126
10. Zomuanpuii	1607BS065	43. Lainsunganga	1707BS134
11. Dominic Lalruaitluanga	1607BS080	44. Lydia Ngurthanmawii	1707BS150
12. Lalrempuia Saifo	1607BS084	45. Nancy Lalunghnemi Ralte	1707BS077
13. Lahnunmawii	1607BS002	46. Lalengmawii	1707BS078
14. Lalruatfela	1607BS007	47. Lalruatdiki	1707BS086
15. C. Zothanmawii	1607BS028	48. Awmpuizeli Fanai	1707BS162
16. Lalsangzuali Khawhling	1607BS037	49. M. Lalbiakmuani	1707BCA009
17. Anu Kumari	1607BS042	50. PC Lalhriatpuii	1707BCA014
18. Vanlalkungi	1607BS043	51. R. Laldinthara	1707BCA015
19. C. Lalpek mawii	1607BS046	52. David PC Laldinpuia	1707BCA025
20. Emmanuel Lalrinchhana	1607BS051	53. Lalhmingiani	1707BCA028
21. Rashmi Rai	1607BS054	54. Mamta Gurung	BCA001
22. Mary Lalmalsawmi	1607BS078	55. Vanlalruatfela	BCA003
23. Nick Lalrinmawia	1607BS003	56. Remsangpuii	BCA010
24. Deepika Das	1607BS005	57. H. Lalhatluanga	BCA017
25. Liandingpuii	1607BS008	58. Johny Vanlalmuana	BCA019
26. Hmingchungnunga	1607BS010	59. One God Lalremruata	BCA026
27. Laldintluanga	1607BS014	60. Nicholas Lalchhanhima	BCA040
28. B. Malsawmzuali	1607BS017		
29. Lalruatfeli	1607BS018		
30. V. Lalthanthangi	1607BS019		
31. Tuki Kumari	1607BS023		
32. Zonchipuii	1607BS030		
33. K. Lalawmpuii	1607BS049		


Prof. B. ZOLIANA
Principal
Govt. Zirtiri Resi. Sc. College
Aizawl : Mizoram