

## REPORT OF VARIOUS COMMITTEES/CELLS 2022-2023

Name of Committee : GAMES & SPORT COMMITTEE

Chairman :Lalnunthara

Secretary : C.Lalrinawma

Members of Committee/Cell :

- |                      |                          |                        |
|----------------------|--------------------------|------------------------|
| 1. Dr.K.B. Singh     | 2. Laltlanhlui           | 3. Dr. P.C. Lalrinfela |
| 4. L.B. Singh        | 5. Dr. P.C. Rohmingliana | 6. David Rosangliana   |
| 7. LaldinglianaSailo | 8. Remlalsiama           | 7. LaldinglianaSailo   |

Number of Meetings conducted: Two

Reporting Period : Odd Semester 2022/Even Semester 2023

Sl. No.	List of Activities during reporting period	Remarks
1.	The Committee was held for the College week, Professor dutylist for upcoming college week which was held during Dt. 12 <sup>th</sup> -16 <sup>th</sup> .9.2022.	
2.	<p>Jointly organised College week under during 12<sup>th</sup> to 16<sup>th</sup> September, 2021 with Student Union.</p> <p><b>Venue:</b> 12<sup>th</sup> September, 2023 : New College Campus,Durtlang 13<sup>th</sup> September, 2023 : Old Campus, Ramthar &amp; Electric Veng YMA Hall 14<sup>th</sup> September, 2023 : MZU Futsal Ground 15<sup>th</sup> September, 2023 :MZU Futsal Ground 16<sup>th</sup> September, 2023 :Vanapa Hall</p> <p><b>A.REPORT OF INDOOR GAMES:</b></p> <p><b>1.Volleyball(Men):</b> 1st - Red House 2nd-Yellow House 3rd- Blue &amp; Green House</p> <p><b>Volleyball(Women):</b> 1st - Yellow House 2nd- Green House 3rd- Red &amp; Blue House</p> <p><b>2.Badminton (Men's single):</b> 1st - Malsawmdawngzela (Yellow House) 2nd- NehemiaLalthlamuanpuia (Green House) 3rd- Vanlahhriata (Green House)</p>	

**Badminton (Women's single):**

1st - H. Zodinpuui (Red House)  
2nd- Asha Vanlaldinchhuahi (Green House)  
3rd- F. Lairamsangi (Green House)

**Badminton (Men's double):**

1st - Joshua LalrinhluaSailo, Thomas Vanukliana (Yellow House)  
2nd-Rosangpuia Hnamte, KC Lawmsangpuia (Green House)  
3rd - Blue House

**Badminton (Women's Double):**

1st- Zaithanmawi, B.Lalremsangi(Red House)  
2nd-Lalawmpuui T Lalrohlupuii(Green House)  
3rd-Yellow House

**Badminton (Mixed Double):**

1st - Lalhruaitluanga Melody Lallawmpuui(Yellow House)  
2nd- Angela lalduhkimi, Vl. Pekkima (Blue House)  
3rd- G.Khumsanglura, Jessica Zonunmawii( Green House)

**3. Table Tennis(Men):**

1st - R. Lalmuanpuia(Blue House)  
2nd- R. Lalmalsawma(Green House)  
3rd- PC. Liansangpuia (Yellow House)

**Table Tennis(Women):**

1st -Lallawmawmi (Yellow House)  
2nd-Lalduhsaki (Blue House)  
3rd-H. Laltnanmawii (Green House)

**4. Basketball (Men):**

1st - Red House  
2nd- Green House  
3rd- Blue & Yellow House

**Basketball (Women)**

1st - Yellow House  
2nd- Green House  
3rd- Red & Blue House

**5.Chess(men):**

1st- B. Lalhriatpuia (Blue House)  
2nd-Alex Lalmangaihzuala(Green House)  
3rd-Lalramhluna (Yellow House)

**6.Checkers(Men):**

1st - FC Sikha (Blue House)  
2nd- Lalruatsaka (Green House)  
3rd- H. BeihhruasaAzyu (Red House)

**7.Chinese-Checkers:**

1st-Baby Lalhrulaitluangi (Green House)  
2nd- Lalhrulaitluangi (Yellow House)  
3rd-Asha Vanlaldinchhuahi(Green House)

**8.Arm Wrestling (Below 60kg)**

1st- thang San muanga(Yellow House)  
2nd- Thawnglianthanga(Red House)  
3rd-Surja Bahadur (Green House)

**Arm Wrestling (Below 70kg)**

1st - PC. Lalfakawma (Green House)  
2nd- R. Lahmingmawia (Blue House)  
3rd- Gabriel (Red House)

**Arm Wrestling (Above 70kg)**

1st - Lalbuatsaiha (Yellow House)  
2nd- V. Lalchansanga (Blue House)  
3rd- Lalhriatpuia (Green House)

**B. REPORT OF OUTDOOR GAMES:****1.Football**

Finalist – Yellow House &Blue House  
Champion House – Blue House

**2. Dead-Ball**

Finalist – Yellow House & Blue House  
Champion House – Yellow House

**3. Tug of War****Men**

Finalist – Blue House & Green House  
Champion House – Green House

**Female**

Finalist – Red House & Yellow House  
Champion House – Red House

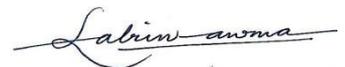
**4.Sakuhuiluh**

Finalist – Blue House & Yellow House  
Champion House – Yellow House

**5.Insuknawr**

1<sup>st</sup>Lalthakima (5<sup>th</sup> Semester, House)  
2<sup>nd</sup>Lalhriatpuia (1<sup>th</sup> Semester, Green House)  
3<sup>rd</sup> Bonnie Laltlanmawia (3<sup>th</sup> Semester, Green House)

	<p><b>6. Relay Race</b></p> <p><b>Men</b>  1<sup>st</sup> Green House  2<sup>nd</sup> Blue House  3<sup>rd</sup> Red House</p> <p><b>Female</b>  1<sup>st</sup> Blue House  2<sup>nd</sup> House  3<sup>rd</sup> House</p> <p><b>7. 100m Race</b></p> <p><b>Men</b>  1<sup>st</sup> KCLawmsangpuia (3<sup>rd</sup> Semester, Green House)  2<sup>nd</sup> C Nelson Neiraeuakhui (3<sup>rd</sup> Semester, Blue House)  3<sup>rd</sup> Gabriel VL Hmangaihanga (5<sup>th</sup> Semester, Red House)</p> <p><b>Women</b>  1<sup>st</sup> Lalrintluangi (3<sup>rd</sup> Semester, Blue House)  2<sup>nd</sup> Ruth Ngurnuntluangi (3<sup>rd</sup> Semester, Yellow House)  3<sup>rd</sup> Lalruatzeli (3<sup>rd</sup> Semester, Green House)</p> <p><b>8. 400m Race</b>  1<sup>st</sup> Vianny Lalngaihawma (3<sup>rd</sup> Semester, Blue House)  2<sup>nd</sup> (Semester, Red House)  3<sup>rd</sup> (Semester, Yellow House)</p> <p><b>3. RELIANCE CUP:</b>  The college football team had participated in the Reliance Cup which was held on 26<sup>th</sup> October to 4<sup>th</sup> November, 2022</p> <p><b>4. MZU SPORT:</b>  Mizoram University Sports Meet which was organised by the MZU was held during 20<sup>th</sup> – 24<sup>th</sup> March 2023.</p> <p>The college participated in MZU Sport as follows:</p> <p><b>1. Race</b>  <b>100m Race</b> -KC Lawmsangpuia(4<sup>th</sup> Semester, Bronze Medal)  <b>200m Race</b> -Jonathan Malsawmtluanga (4<sup>th</sup> Semester, BCA)  <b>1600m Race</b>- Malsawmdawngpuia (5<sup>th</sup> Semester)</p> <p><b>2. Volleyball</b>  The college volleyball team had participated in the MUZ Sports.</p>	
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(C. LALRINAWMA)  
**Secretary**

## REPORT OF VARIOUS COMMITTEES/CELLS 2022 – 2023

(to be submitted to [committeereports@gzrsc.edu.in](mailto:committeereports@gzrsc.edu.in))

Name of Committee : **National Service Scheme (NSS)**

Chairman : Lalnunthara

Secretary : Dr. P.C. Rohmingliana

Members of Committee/Cell : 1. Sailopui  
2. Rebecca Lalnuntluangi  
3. Dr. C. Zoramthara

Number of Meetings conducted : 7

Reporting Period : Odd Semester 2022/Even Semester 2023

Sl. No.	List of Activities during reporting period
1	<b>Orientation Programme:</b> On 15.07.2022, Orientation Programme for NSS Volunteers was organized for First Semester at College Hall. 5 P.Os and 330 volunteers attended this programme.
2	Two Programme Officers were participated in the Webinar on “Data Privacy and Social Media Safety” for NSS Volunteers and Programme Officers which was conducted on 16 <sup>th</sup> July, 2022.
3	<b>Mass Cleanliness Drive</b> at College Campus was organized in collaboration with Cleanliness and sanitation committee & IQAC on 22 <sup>nd</sup> July 2022. In this programme, 311 volunteers (M-170, F-141) participated.
4	On 15 <sup>th</sup> August, 2022, the <b>75<sup>th</sup> Anniversary of Independence Day</b> was celebrated at Durtlang Campus. One Programme Officer and around 30 volunteers participated in this occasion.
5	<b>Mass Campus Cleaning</b> was organized in collaboration with Cleanliness and sanitation committee & IQAC on 26 <sup>th</sup> August 2022. In this programme, 304 volunteers (M-164, F-140) participated.
6	<b>Career Advancement Programme</b> for 1 <sup>st</sup> Semester Students was organized on 26 <sup>th</sup> August 2022 in collaboration with IQAC & Student Support Committee, GZRSC. In this programme, 233 Volunteers participated.
7	<b>Special Camping</b> was organized at two places of <b>Hmuntha Village</b> during 8 <sup>th</sup> – 14 <sup>th</sup> September, 2022. Four Programme Officers and 25 Volunteers were participated in this camp.
8	Four Programme Officers and 40 Volunteers were participated in the <b>Celebration of 53<sup>rd</sup> NSS Foundation Day</b> on 23 <sup>rd</sup> September 2022 at Vanapa Hall.
9	<b>Off-Campus Community Service – Mass Cleanliness Drive</b> with a theme of “Clean Environment is our Concern” was organized on 14 <sup>th</sup> October 2022 in collaboration with IQAC, Eco-Club and Cleanliness Sub-Committee, GZRSC by cleaning the streets of Durtlang Leitan and Ramthar veng.
10	On 26 <sup>th</sup> October 2022, Dr. Zirlianggura, SNO visited our College NSS Unit. The Programme Officers of this College welcomed him and we had a successful interaction with him.
11	<b>Mass Campus Cleaning</b> was organized in collaboration with Cleanliness Committee & IQAC on 11 <sup>th</sup> November 2022. In this programme, 242 volunteers (M-127, F-115) participated.

12	Two Programme Officers attended at the PFMS training programme on 13 <sup>th</sup> February, 2023 at the Sate NSS Office.
13	<b>Voluntary Blood Donation</b> for Synod Hospital, Durtlang was organized on 14.02.2023. Out of 286 volunteers turned up, 120 units (Male-97, Female-23) of blood were donated.
14	Organized <b>Winter Fest Cum HIV/AIDS Awareness Campaign</b> on 17.02.2023 at College Campus in collaboration with Red Ribbon Club, GZRSC, sponsored by MSACS
15	<b>One day Awareness Programme on Drug Abuse Prevention</b> on 24.02.2023 at College Hall. This programme was organized by Mizoram Social Defence & Rehabilitation Board (SLCA), Social Welfare & Tribal Affairs, Govt. of Mizoram in collaboration with NSS Unit, Research & Development Cell, GZRSC. 200 volunteers (M – 93, F – 107) were participated.
16	<b>Scientific Seminar on Celebration of National Science Day 2023</b> on 28 <sup>th</sup> February, 2023, organized by Research & Development Cell, NSS Unit and IQAC, Govt. Zirtiri Residential Science College in collaboration with Mizoram Science, Technology & Innovation Council (MISTIC). In this Programme, 265 volunteers and 26 Teachers including NSS Programme Officers could participate.
17	<b>Plantation site visit for Fire Prevention</b> was organized on 04.03.2023 at Hmuifang Road in collaboration with Eco-Club and IQAC. 27 Volunteers (M – 17, F – 10) participated in this event.
18	<b>Social Work</b> was organized in collaboration with Cleanliness and Sanitation Committee & IQAC on 10.03.2023 at College Campus. In this programme, 423 volunteers (M- 223, F-200) participated.
19	<b>Legal Awareness Campaign on Gender Equality &amp; Cyber Crime</b> on 31.03.2023 at College Campus, organized by Mizoram SLSA in collaboration with Women Studies, Legal Cell, ICT & NSS, GZRSC. 236 Volunteers participated in this event.
20	5 Volunteers (M – 3, F – 2) participated in <b>NE NSS Festival @ Guwahati University</b> during 31 <sup>st</sup> March – 4 <sup>th</sup> April, 2023.
21	<b>Special Camping – Survey on Youth not in Formal Education or Regular Employment</b> was organized at the Adopted villages during 11 <sup>th</sup> – 17 <sup>th</sup> April, 2023. In this camping, 11 volunteers and 5 Programme Officers were participated.
22	<b>One Day Self Defence Training</b> was organized on 21.04.2023 at College Campus in collaboration with IQAC and Women Studies, GZRSC. 101 Volunteers (M – 49, F – 52) participated in this event.
23	Observed <b>Green Mizoram Day 2023</b> on 10.06.2023 in collaboration with Eco-Club, GZRSC at Plantation site, Hmuifang road by fencing/cleaning weeds and planting new sapling. 19 Members (2 POs + 10 Volunteers + 8 Eco-Club members) participated in this event.

#### Assets created

Sl. No.	Name of Assets	Location
1	Public Urinal (Zun In)	Hmuntha Vengchhak
2	Public Water Reservoir (Tuikhur)	Hmuntha Venglai



(DR. P.C. ROHMINGLIANA)  
Secretary



**Orientation Programme for Volunteers on 15<sup>th</sup> July 2022**



**Mass Cleanliness Drive at College Campus on 22<sup>nd</sup> July 2023**



*Celebration of 75<sup>th</sup> Anniversary Independence Day*



*Mass Campus Cleaning @ 26<sup>th</sup> August 2022*



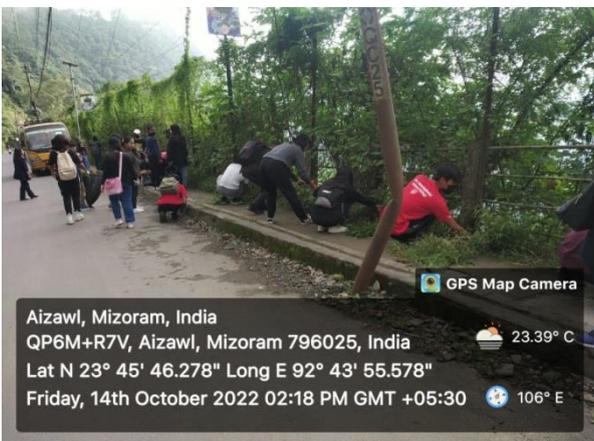
*Career Advancement Program @ 26<sup>th</sup> August 2022*



*Special Camping @ Hmuntha Village during 8<sup>th</sup> – 14<sup>th</sup> September 2022*



*Celebration of 53<sup>rd</sup> NSS Foundation Day 2022 at Vanapa Hall @ 23<sup>rd</sup> September 2022*



*Off-Campus Community Service (Mass Cleanliness Drive) on 14<sup>th</sup> October 2022*



*SNO Visit on 26<sup>th</sup> October 2022*



*Mass Campus Cleaning on 11<sup>th</sup> November 2022*



**Blood Donation @ Synod Hospital, Durlang on 14<sup>th</sup> February, 2023**



**Winter Fest Cum HIV/AIDS Awareness Campaign on 17<sup>th</sup> February, 2023**



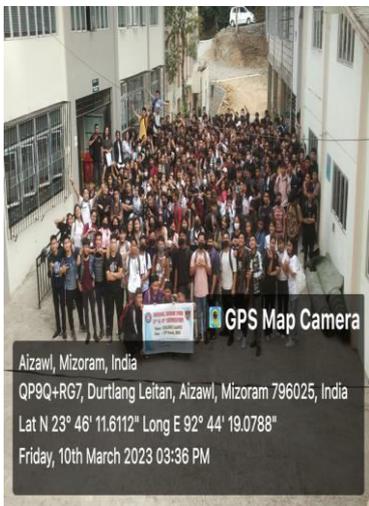
**Awareness Programme on Drug Abuse Prevention on 24<sup>th</sup> February, 2023**



**Scientific Seminar on Celebration of National Science Day on 28<sup>th</sup> February, 2023**



**Plantation Site visit for Fire Prevention on 4<sup>th</sup> March, 2023**



**Social Work on 10<sup>th</sup> March, 2023**



**Awareness Campaign on Gender Equality & Cyber Crime on 31<sup>st</sup> March, 2023**



**NE NSS Festival at Guwahati University during 31<sup>st</sup> March – 4<sup>th</sup> April, 2023.**



**Special Camping – Survey on Youth not in Formal Education or Regular Employment during 11<sup>th</sup> – 17<sup>th</sup> April, 2023.**



**One Day Self Defence Training on 21.04.2023**



**Observation of Green Mizoram Day 2023 on 10<sup>th</sup> June, 2023**

## REPORT OF VARIOUS COMMITTEES/CELLS 2022-2023

(to be submitted to [committeereports@gzrsc.edu.in](mailto:committeereports@gzrsc.edu.in))

Name of Committee : Eco-club

Chairman: Sailopuii

Secretary: LalthanpuiiHnamte

Members of Committee/Cell:

- |                        |                           |
|------------------------|---------------------------|
| 1. LalmalsawmiChhangte | 2. H.Lalnunsangi          |
| 3. Lalrammawii         | 4. Mary Lalthansangi      |
| 5. Lalrintluangi       | 6.Dr.C.Zoramthara         |
| 7. Lalrosangpuii       | 8. ReginaldH.Vanlalchaka  |
| 9. Dr.lalsaimawiaSailo | 10.Dr LalthanpuiiKhiangte |
| 11. Dr,H.Lalremruata   | 12. Dr.RebeccaVanlalsangi |
| 13. Dr.P.CLalrinfela   |                           |

Number of Meetings conducted:

- 1). 5nos of executive committee
- 2)1 joint meeting with Professors incharge and students OB
- 3) 1 joint meeting with cleanliness committee

Sl. No.	List of Activities during reporting period	Remarks
1.	Membership drive was conducted through Google form and currently there are 192 Eco club members enrolled.	Target Achieved.
2.	Mass Cleanliness Drive/ Elimination of Single Use plastic was conducted on 22 <sup>nd</sup> July 2022 (CCA period) in collaboration with NSS and Cleanliness and Sanitation committee GZRSC	Successfully cleaned the surrounding campus.
3.	Awareness campaign on ban of Single Use Plastic was conducted by Eco Club in all Semesters during the month of August 2022.  Ficus, Ashoka tree etc were planted by the principal and teaching staffs of GZRSC Beautification work was carried out by the green teachers and NSS volunteers at GZRSC campus	Target 100% achieved.

4.	<p>on 17<sup>th</sup> and 18<sup>th</sup> August 2022.</p> <p>Cleanliness drive/Elimination of Single use plastic within college campus was conducted on 26<sup>th</sup> August 2022 at CCA period.</p>	<p>Saplings donated by Faculty members.</p>
5.	<p>Pledge taking on Elimination of Single use Plastics was conducted by Eco Club student leaders during the opening ceremony of 2022 College week on 12<sup>th</sup> September 2022. All students, teachers and non-teaching took part in this event.</p>	<p>Programme carried out by students and green teachers.</p>
6.	<p>Announcement of painting competition result in connection with world Observation of ozone day on 16<sup>th</sup> Sept 2022.</p>	<p>Pledge taking was led by T. Lalzarzovi (5<sup>th</sup> Sem Zoology), Assistant Leader Eco Club</p>
7.	<p>Observation of Hand washing day on 15<sup>th</sup> Oct 2022 at GZRSC campus “<b>Unite for Universal Hand Hygiene.</b>” was the theme. Demonstration was done by Eco club chairman and taught the necessity of maintaining clean hands to the students.</p>	<p>Open category for all student</p>
8.	<p>Campus Beautification cum construction of flower bed near SU office GZRSC Science building block III on 17<sup>th</sup>.Oct.2022. Eco club members and green teachers participated in construction work.</p>	<p>In collaboration with Mizoram Pollution Control board.</p>
	<p>GZRSC Campus Eco-beauty corner arrangement and soil treatment works on 18<sup>th</sup> Nov 2022 carried out by green teachers and teaching faculty who volunteered.</p> <p>Planting of Duranta, Croton, snake Plant and ficus tree near S.U office and Home Science Building</p>	<p>Funds donated by green teachers.</p>

9.	<p>Entrance on 21<sup>st</sup> Nov 2022.</p> <p>Planting and fencing of Ficus, cherry blossom, raintree tree saplings at GZRSC campus was done on 30<sup>th</sup> Nov 2022</p>	<p>Accomplished Eco-beauty corner.</p>
10.	<p>Weekly duty for watering and weeding of planted trees and flower pots were assigned to Eco Club members starting from 20<sup>th</sup> Feb 2023.</p>	<p>Works carried out during free period.</p>
11.	<p>Plantation site Visit /fire prevention at Hmuifang road plantation site organised by NSS Unit GZRSC and Eco club on 4<sup>th</sup> march 2023.Cleaning and re-fencing of plantation site was done on this programme.</p>	<p>Led by the green teachers and eco club members.</p>
12.	<p>Re-potting of snake plant and arrangement of pots inside the main building (science building block II) on 6<sup>th</sup> march 2023.</p>	<p>Routine chalked out by Eco-club leaders</p>
13.	<p>Observation of World environment with the theme ‘Beat Plastic Pollution’ on 26<sup>th</sup> May 2023,campus cleaning and taking a pledge.</p>	<p>22 Volunteered students with NSS P.O’s and Eco club teachers participated in plantation programme</p>
14.	<p>In Observation of World Environment DayWebinar on 5<sup>th</sup> June 2023was held for Eco-club members GZRSC, Dr Lalsaimawia Asst Prof, was the resource person with the topic ‘Waste to wealth and Art’.</p>	<p>Works done by Green teachers</p>
	<p>Green Mizoram Day was observed jointly with NSS GZRSC Unit, Cleanliness committee and Eco-Club on 10<sup>th</sup> June 2023, by planting tree saplings and fencing at Hmuifang Plantation site,</p>	

	Hmuifang Road.	
15.	On 21 <sup>st</sup> June 2023 Online awareness campaign on 'waste management' was held for 2 <sup>nd</sup> Sem Life Sciences student GZRSC. Dr.Zothansangi Assistant prof, Govt kolasib was the resource person.	Programmesponsored by Mizoram Pollution Control Board.
16.	On 22 <sup>nd</sup> June 2023, for 2 <sup>nd</sup> Sem Physical Sciences student Online awareness campaign was held with topic 'Waste management' Dr.Zothansangi Assistant Prof,Govt Kolasib College was invited as a speaker on this programme.	23 nos of Eco- club members participated in this programmesuccessfully.
17.		10 students and 18 teachers participated in planting the saplings.
18.		103 Life Science students appeared in the webinar including the faculty members GZRSC
19.		65 Physical science students attended the programme successfully.

20.		

(Lalthanpuii Hnamte )  
Secretary

**Action photos**



Pic: 22<sup>nd</sup> July 2022 & 26<sup>th</sup> August 2022 Mass cleanliness/ Elimination of single use plastic



Pic: Awareness on all semester classes during August.



Pic: Plantation of Ficus on 17<sup>th</sup> & 18<sup>th</sup> August 2022



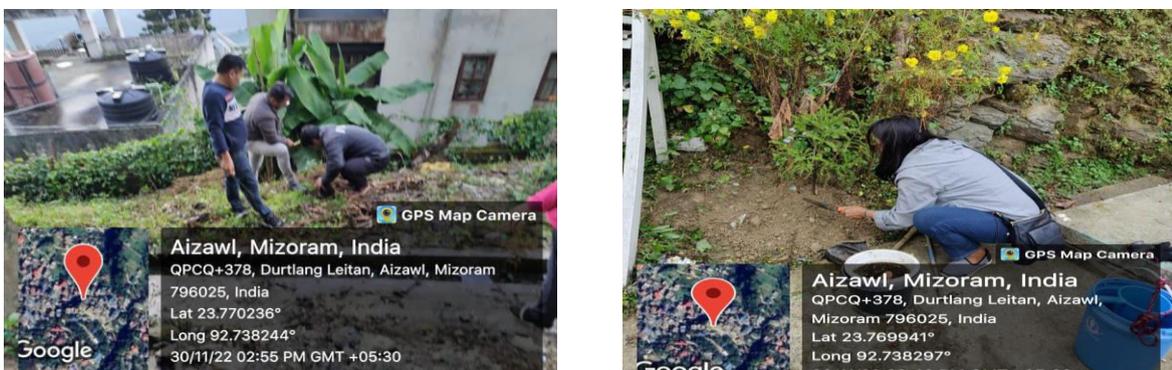
Pic: Pledge taking on Elimination of Single used Plastics



Pic : Observation of Hand washing Day on 15<sup>th</sup> oct.2022



Pic: 17<sup>th</sup> .10.2022 construction of flower bed



Pic: Planting of Croton, duranta on 21<sup>st</sup> . 11.2022



Pic: Webinar on World Environment Day ‘ Waste to Wealth and Art’ -on 5<sup>th</sup> june 2023

## REPORT OF VARIOUS COMMITTEES/CELLS 2022-2023

(to be submitted to [committeereports@gzrsc.edu.in](mailto:committeereports@gzrsc.edu.in))

Name of Committee : Innovation Club

Chairman: Mr Lalhruaitluanga

Secretary: Mrs Lalmalsawmi Chhangte

Members of Committee/Cell:

- |                            |                           |
|----------------------------|---------------------------|
| 1. Dr Lalrinmawia          | 6. Dr Lalrinmawia Punte   |
| 2. Dr Reginald Vanlalchaka | 7. Dr Lalremruata Hlawndo |
| 3. Dr Samuel Lallianrawna  | 8. David Rosangliana      |
| 4. Mrs Mary Lalthansangi   | 9. Mrs Lalrosangpuii      |
| 5. Miss Lalthanpuii Hnamte | 10. Mrs Mimi Lalmuanawmi  |

Number of Meetings conducted: 6

Reporting Period : Odd Semester 2022/Even Semester 2023

Sl. No.	List of Activities during reporting period	Remarks
1.	Training cum awareness on OP-12 bio fertilizer for sustainable agriculture organised by CSIR-North East Institute of Science & Technology , Jorhat ,Assam in collaboration with directorate of agriculture , Govt of Mizoram held on 1 <sup>st</sup> Sept 2022	Prof in charge Ms Lalthanpuii Hnamte accompanied 36 club members to attend this hands-on one day training cum awareness prog at Neihbawih agricultural farm on 1 <sup>st</sup> September ,2022
2.	Science exhibition in collaboration with IQAC& MISTIC at college campus,Durtlang on 21 <sup>st</sup> October,2022.	Club members were divided into 8 groups and prizes were awarded to top three groups. Besides the faculty, 354 students from 5 different schools and 515 students from our college attended this event. It was a big success.
3.	The first prize winners of our Science Exhibition with their theme ` Water level indicator` participated at the exhibition held at Aizawl City park as a part of Mizoram Science Congress held on 24 <sup>th</sup> Nov ,2022	Many students from schools & colleges as well as young innovators participated in this Science Congress

Sd/ Lalmalsawmi Chhangte      Secretary

**NCC Activities Report 2022-23**

1. Har Ghar Jhandha was observed by distribution of Flags to faculty and making a video on Indian flag by cadets.
2. KC Lawmsangpuia was adjudged the Best Cadet during CATC camp at Tanhril
3. CUO Lalhmingmawia was the only cadet from Aizawl District selected to represent the State at EBSB-IDC, New Delhi.
4. Cadets attended Independence day fall in at Government J Thankima College on 6<sup>th</sup> August 2022
5. Cadets attended Morning I-day parade with arms at open Gym secretariat during 8-14<sup>th</sup> August 2022.
6. Final year cadets participated at the State Independence Day parade with arms and the 1 Mizo Air Sqn won the third prize.
7. For the first time in the history of our college Independence Day was celebrated with a drill from the NCC. The function took place at the college premises at 7:30 a.m. The Principal received the salute in the presence of faculty members and Hostellers.
8. Corporal Lalremruati was selected the best cadet in the North East Region during their camp at NCC academy Jorhat from 3<sup>rd</sup> August 2022 -10<sup>th</sup> August 2022. Criteria for judgement were written exam, group discussion, lecturrete, personal interview and shooting competition.
9. Pre-Vayu Sainik Camp at Jorhat was attended by 14 cadets during 11<sup>th</sup> August-18<sup>th</sup> august 2022. Two Cadets from our college Vanlalhriatrenga and R. Remruatpuia qualified for PVSC-2 and PVSC-3. NER Team who participated at the All India Vayu Saini Camp/ Competition won the Gold medal. Cadet/ Sgt Vanlalhriatrenga from our college was the Drill commander. Our college is very proud of him.
10. Inter group Drill competition was attended by 7 cadets during 1-8<sup>th</sup> September 2022. Two cadets namely SWO Teresa Malsawmdawngi and CplLalremruati won first Prize and second Prize in the individual drill among SW (Air wing)
11. 5 cadets attended PVC at Jorhat during 14<sup>th</sup> sept- 21<sup>st</sup> September 2022
12. Cadets attended celebration of rank holders.
13. 5 cadets attended RDC at NCC academy ,Jorhat during 10<sup>th</sup> -17<sup>th</sup> October 2022
14. Cadet Lalbuatsaihi attended Para Basic course II from 1<sup>st</sup> November to 25<sup>th</sup> November 2022 at Agra. She received paragliding batch from Brigadier Arun Yadav, group commander, Agra NCC.
15. 6 cadets participated in the Inter-college shooting competition on 20<sup>th</sup> October 2022.
16. 2 Cadets namely Thancha Debbarma and Rakesh Kumar Rai attended the Pre-RDC Camp II during 14<sup>th</sup> – 21<sup>st</sup> November 2022

17. Cadets performed Guard of Honour to welcome Dr R Lalthangliana, Hon'ble Minister Higher & Technical Ed, GOM at the Interface meeting of Principals of Government Colleges of Mizoram with officials of H&TE hosted by Govt Zirtiri Residential Science College.
18. Thancha Debbarma and Rakesh Kumar Rai have qualified for the Pre RDC camp III & IV during 14<sup>th</sup> -21<sup>st</sup> December 2022 and 22 December – 29<sup>th</sup> December 2022.
19. 12 Cadets attended Combined Annual training Camp at STC Tanhril. The following Prizes were won by our Cadets:
  - i) Best Cadet (SD) : James Thanggousiama
  - ii) DST First Prize : CWO Vanlalhriatrenga
  - iii) DST Second Prize : C/Sgt R.Remruatpuia
  - iv) Firing First Prize (SW): C/Sgt C. Lalduhawmi
  - v) Poetry First Prize : Nisha Kumari
  - vi) Extempore Second Prize : Nisha Kumari
  - vii) Indigenous games( Insuknawr) First : James Thanggousiama
  - viii) Quiz First Prize : Benjamin Malsawmzela

### Action photos



### Har GharJhanda Project



24



## NCC Camp at Shillong



CAT taken by cadets during camp



NER Conti. at All India Vayu Sainik Camp

Name of Committee : Debating & socio-cultural Committee

Chairman: Mrs. Laltluangkimi Hnamte Secretary: Dr. C. Lalmuankimi

Members of Committee/Cell:

1. Dr. Arup Kumar
2. Mrs. Lalrinngheti Ral
3. Mrs. Lalrinsangi Nghinglova
4. Mr.Lalrinmawia
5. Mrs. Lalmalsawmi Chhangte
6. Dr. Lalthanpuii Khiangte
7. Dr.R. Lalawmpuii

Number of Meetings conducted: 4 times, most of the sub-committee meetings were conducted through online mode via whatsapp.

**Reporting Period : Odd Semester 2022/ Even Semester 2023**

Sl. No.	Lists of Activities during reporting period	Remarks
1.	Essay writing	The Sub-committee extent its appreciation on the dedication and sincerity of Government Zirtiri Residential Science College's students.
2.	Poster making	
3.	Drawing	
4.	Poetry (English & Mizo)	
5.	Extempore speech	
6.	Quiz	
7.	College Mister and Miss and Cultural Mister and Miss	
8.	Debate	

## **REPORT OF VARIOUS COMMITTEES/CELLS 2022-2023**

(to be submitted to [committeereports@gzrsc.edu.in](mailto:committeereports@gzrsc.edu.in))

Name of Committee/Club: Adventure Club

In-charge Professor : a) Dr. C. Zoramthara      b)Dr.P.C.Lalrinfela

Number of Meetings conducted: Six (6)

<b>Sl.No.</b>	<b>List of Activities during reporting period</b>	<b>Remarks</b>
1.	05.08.2022 – Enrolment of Club members was held at Durtlang Campus, GZRSC	254 members were registered.
2.	03.09.2022 – Zirtiri Youth Adventure Club 1 <sup>st</sup> One Day Training (ODT) for Odd semester 2022 was organised at Durtlang Campus from 10:00 A.M. to 2:00 P.M.	10 members along with 6 OB's were present.
3.	10.09.2022 - Zirtiri Youth Adventure Club 2 <sup>nd</sup> One Day Training (ODT) for Odd semester 2022 was organised at Durtlang Campus from 10:00 A.M. to 2:00 P.M. Zipline adventure and Commando bridge techniques were learned during the training.	28 members along with 6 OB's were present.
4.	12.09.2022 – Adventure item (Commando bridge) was included for the first time at College SU Sport competition where plenty of students were participated.	30 students participated.
5.	01.10.2022 - Zirtiri Youth Adventure Club 3 <sup>rd</sup> One Day Training (ODT) for Odd semester 2022 was organised at Reiek Tlang Mamit District, Mizoram. Treking and Rappelling adventure techniques were studied during the training. Cleanliness Drive was also conducted.	13 students participated along with 1 Incharge Professor participated.
6.	28.10.2022 – Adventure Training for any students of GZRSC was held at Durtlang Campus	

7.	With reference to the letter received from Director, Sports & Youth Services Department, Government of Mizoram, our club members: Manish Thapa 4 <sup>th</sup> Semester BCA and H. Zodintluanga, 4 <sup>th</sup> Semester BSc has participated at the 5 <sup>th</sup> Basic Adventure Course held during 23 <sup>rd</sup> -28 <sup>th</sup> January, 2023 and Vanlalruata 2 <sup>nd</sup> Semester BSc and Thawnglianthanga 4 <sup>th</sup> Semester BSc at the 6 <sup>th</sup> Basic Adventure Course.	20 members along with 5 OB's and 1 Incharge Professor were present.
8.	11.02.2023 - Zirtiri Youth Adventure Club 1 <sup>st</sup> One Day Training (ODT) for Even Semester 2023 was organised at Pakaw Puk, Sairang, Aizawl District, Mizoram by means of College Bus and return safely to Aizawl at 7:00 P.M.	
9.	17.02.2023 – Adventure items were included at the Winter Fest 2023 organised by NSS Unit and Red Ribbon Club, GZRSC where open rappelling adventure activity were performed by students under the supervision of ZYAC members.	



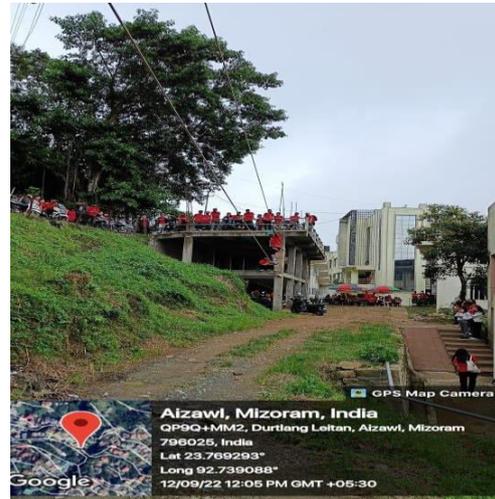
(Dr.C. ZORAMTHARA)

Incharge Professor

**03.09.2022–1<sup>st</sup>ONEDAYTRAINING ATDURTLANGCAMPUS**



**12.09.2022–ADVENTUREITEMONCOLLEGEWEEK2022**



**10.09.2022–2<sup>nd</sup>ONEDAYTRAININGDURINGODDSEMESTER2022 ATREIEK,  
MAMIT DISTRICT, MIZORAM**



**11.02.2023-ONE DAY TRAINING(ODT) FOR EVEN SEMESTER-2023  
AT PAKAW PUK, SAIRANG, AIZAWL DISTRICT, MIZORAM**

