

Name of Programme : Short Term Course on Personality Development.

Date and Year: 25th May 2016- 1st June 2016

Venue: College Auditorium

Organizers: Student Support Committee

Sponsored by: RUSA

Target Group: Final Year students of all streams

Number of Attendees: 82

Objective of the Programme: The programme seeks to adopt a holistic approach to learning. It will work towards building confidence, mental health, image and creativity enhancement. It will also equip the students with the essential etiquette, protocol knowledge and refined social skills to enable them to face any social situation with confidence.

Programme Details:

1. Day 1 : First Aid Skills and Stress management (RIPANS)
2. Day 2: Communication and Interview Skills (RTP)
3. Day 3: Motivation and Goal Setting (Dr L Hnamte)
4. Day 4: Coffee with KL Liana (legal awareness) and health awareness
5. Day 5 : Life skills and Reproductive & Sexual health (SCERT)
6. Day 6 : Talk on Social etiquette and values and Motivational speech (Dr RK Lianzuala)

Programme Outcome: Students gave their feedback .The Feedback showed the satisfaction of the students with the programme

Reported by :Lalrinsangi Nghinglova, Secretary, Student Support Committee


Prof. B. ZOLIANA
Principal
Govt. Zirtiri Resi. Sc. College
Aizawl : Mizoram