


## Report on observation of patients at Synod Hospital, Durtlang

Observation of patients at the Synod Hospital was conducted on the 18<sup>th</sup> Sept., 2019 by the students of Home Science (5<sup>th</sup> Semester). The students spent the whole day at the Synod Hospital, Durtlang Medical Ward in order to gain practical knowledge on nutritional status of the patients of different diagnosis.

Patients suffering from Liver disorder, Acute Gastro Enteritis, Diabetes, High Blood Pressure, CVD were selected. Each patient was interviewed by two students on the basis of their dietary background, nature of illness, diet history, etc. From the collected information, the students prepared diet chart for the patient and also had a diet counseling to them. Through their observation, the students gained knowledge about the nature of the works of a dietitian as well as the skills required to work as a dietitian with the patients also benefitting from this observation.

  
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